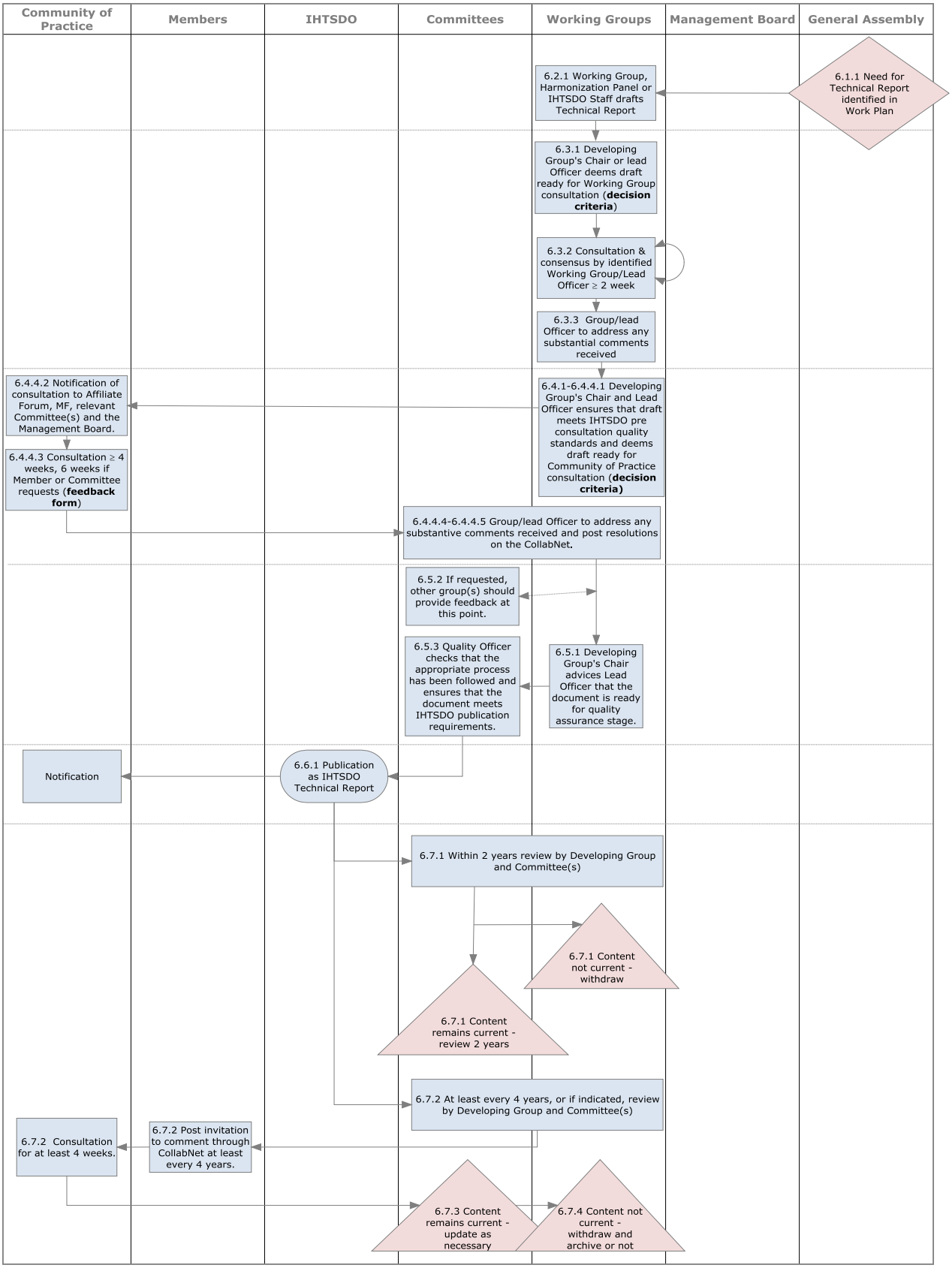How do I produce an IHTSDO Technical Report?